

Brief Intervention Encounter Form

Date _____ (✓) Check if No Entry

Your Name _____ Phone# _____ Name of Your Trainer _____

Name of Tobacco User _____ Place of Encounter _____
(Optional) (Required)

Age ____ or Age Range (Circle) Under 13 13 to 17 18 to 24 25 to 34 35 to 44 45 to 54 55 to 64 65+

Ethnicity (Circle): African American Caucasian Chamorro Chinese Filipino Hispanic Hawaiian/Part Hawaiian
Japanese Korean Native American Portuguese Samoan Vietnamese

What stage of change? (Check One) _____ Male or _____ Female

Table with 2 columns: Stage of Change (e.g., Not Ready to be Tobacco-Free, Thinking About Being Tobacco-Free, Ready to Be Tobacco-Free, Tobacco-Free, Staying Tobacco-Free, Relapse) and Description (e.g., Has no intention within the next 6 months, Intends to within the next 6 months, Willing to set a date within the next 30 days, Has been tobacco-free for less than 6 months, Has remained tobacco-free for more than 6 months, Using tobacco again after a period of being tobacco-free).

Adapted from Readiness to Change Model (Fiore et al., 2000)

Return form to your trainer or mail to: Tobacco-Free Kauai, Kalaheo Branch, PO Box 240, Kalaheo, HI 96741
For more information, contact your trainer or go to www.tobaccofreekauai.com.

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