

**TOBACCO-FREE KAUAI**  
**Tuesday August 16, 2005**  
**3 to 4 P.M.**

**St. Michael and All Angels Church**

**Minutes**

Attendees: Mary Williamson, Heather Santesteban, Rebecca Smith, Sandy Higgins, Cara Sadira, Valerie Saiki, Carol Franklin, Janice Bond, Natalie Sand, Linda Hamilton, Charles Roessler, Lila Johnson, Dennis Kondo, Clifford Chang, Rhonda Liu

1. Welcome and Introductions – Mary welcomed everyone to the meeting and introduced new people. Valerie Saiki, new Tobacco Control Specialist for the East Side School Complex and REAL Island Coordinator for Kauai. Carol Franklin, Care Connection. Natalie Sands, Wilcox Health
2. Short reports from schools, grants –  
Rebecca - Provided tobacco education and media literacy at the YWCA Camp Slogett. 34 girls attended. Continues to provide cessation services to Nana's House girls group, B& G Club, and will be doing a Family Club for Nana's House. Has about 75 adults in club, 50% of parents smoke. She will be doing a retreat in Kokee, a Women's group on Wed nights, and school starts next week

Heather - Referrals from WIC, 2 doctors on Westside on board, distributing starter kits, trained Wilcox staff, and working on KVMH people.

Linda/Sandy- Shared flyers for group that start tonight, Freedom from Smoking, 6-7 weeks at St. Michaels Church. Please share and post in community. Dr. Apalla & Dr. Burns would like to have flyers and refer clients. Headstart interested in a woman's group. Two people have gone 4 months without smoking. She is making certificates for their success. Also, doing individualized intensive counseling. Currently have 24 people. Just finished grant. Contact Linda or Sandy for cessation group meeting schedule.

Cara- Sending out a second round of brief intervention questionnaire. Passed out a sample to committee members. 102 trained, 112 certified, 32 quit smoking as a result of brief interventions. Conducted a group at workplace group at Pioneer Seed. Finding community volunteers to help facilitate cessation groups. Kaponono referred a west side person to help facilitate the group and she has been very instrumental with the group. 7 people at Pioneer have quit smoking. Guava Kai on board and will set up a group out there. Starting a community group on North Shore will start in September, part of a church group.

Valerie- See Item #6 in Minutes

3. NIMH – Rhonda reported that Jo has submit a grant and in the process of currently entering 2004 data.
4. Charles commented about the ANR Conference in September in California. We received \$500 from state coalition, refunded to TFK, subsidizing Jo’s trip. The purpose of sending Jo for this training is to build advocacy. Leading up to plan to get a state smoke-free law.
5. Airport Update- Charles and Mary updated the group on the Talks that have going on for last 2 years or longer at various meetings. Airports not smoke-free, no dilineation between smoking and non-smoking. Lihue airport in violation of what is a building. Heard back from Ombudsman’s Office, assessment made, written letter to Lihue airport, memo from Ombudsman office of content of letter, but did not receive the letter itself. Confirmed airport people received the letter, stalling, need AG office to review it. Ombudsman attorneys determined that concourse does fit definition of a building. Roy Sakata, in charge of NI airports, said that there have been complaints and were looking into the definition. Lihue airports will continue to follow status quo until further notice.
6. REAL Update- New Coordinator, Valerie Saiki, explain REAL Connect the Dots Project, Have in a binder for legislator,
7. Beach Clean-up Project – Rhonda announced that the next meeting will be on Thursday, September 1<sup>st</sup>, 2005 at ACS Conference Room. Please attend if you are interested in assisting with this effort. Cara suggested contacting Save our Seas group
8. Kauai County Farm Bureau Fair- Charles is circulating the Adult Sign Up Sheet. Please sign-up for a shift. We will be doing the REAL Connect the Dots Project, cessation, and providing tobacco resources and materials to the public.
9. New “Smokers Talk” booklet- Mary reported that the text has been converted to being electronic. She has received a couple of new stories. Please e-mail Mary any stories
10. Quitline Update-Dennis announced that the quitline is still in soft launch. Tina Tamai is the Free and Clear Manager. He is working with her for implementation. Please let them know about problems for Quitline. He plans to be able to meet with different organizations to find out issues and protocols to work out with Quitline and Free and Clear. Would like to come back and talk with us about issues unique to Kauai. What is best way to do this to meet as a group or individually. Meet at next TFK meeting? Coordinate with Charles to make a special presentation. Charles suggested making a sub committee for this. Perhaps cessation committee can be the one involved. Charles commented that the cessation folks would like to know information on what the quitline offers to smokers. Dennis agrees that an education process needs to take place to get quitline going.

11. TFK caps available- Charles announced that caps are for sale. \$13 for members, \$15 public and non-members. Working on branding of TFK. TFK banner available.

12. Announcements- Mary announced that there will be an insert in Chamber of Commerce Newspaper about smoke-free workplace policies. If you have something you want to contribute, funnel any comments to Mary and Charles.

Lila Johnson, announced Sept 26-27 Statewide Tobacco Summit, and bi-annual State Tobacco Conference Nov 8<sup>th</sup>, full day “Raising the Bar”, Hilton Hawaiian Village. Prevention breakout sessions. Presenters from NZ, CDC, Dr. Dileep Bal. Major presentation addressing the workplace.

Rhonda and Rebecca attended the Tobacco Prevention Meeting on August 1<sup>st</sup>: Building a Comprehensive Prevention System in Hawaii” at HMSA, 10am-1pm. The purpose of the group will be to: Increase communication and sharing of resources among tobacco prevention partners in the communities; Make suggestions for priorities, training and technical assistance needs to promote or enhance the important work of tobacco prevention; and provide information and identify Best Practices in Tobacco Prevention. For upcoming Tobacco Prevention Events please see Rhonda or Rebecca.

13. Next Meeting, Tuesday, Oct 25, at DOH (2 til 4pm)

Respectfully Submitted by:

Rhonda Liu  
Secretary